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### Media Contact:

Izzy Nickel, Ball Consulting Group, LLC  
Phone: 617-243-9950; Email: [izzy@ballcg.com](mailto:izzy@ballcg.com)

# The Health Foundation of Central Massachusetts Names New Directors to its Board

**WORCESTER, Mass.** (Feb. 24, 2025) – [The Health Foundation of Central Massachusetts](#) today announced the election of three new members to its Board of Directors: **Leah M. Bradley**, LCSW, CEO of Central Massachusetts Housing Alliance; **Arthur O. DuBois**, LICSW, MSW, a licensed clinical social worker; and **Morgan A. Russell**, Esq., an attorney specializing in child welfare litigation and real estate transactions.

Five current directors were also re-elected to new three-year terms: **Diane E. Gould**, LICSW, MSW; **Lindsay F. Greenfield**, MBA; **J. Michael Grenon**, CIMA; **Kathryn Y. Lee**, MD; and **Carole M. Steen**, MSA.

“We are thrilled to have both new and returning leaders from across the region helping to guide The Health Foundation’s initiatives,” said Dr. Amie Shei, President and CEO of The Health Foundation. “The knowledge and dedication of each Director allows us to be strategic in responding to the health needs of Central Massachusetts communities and ensures that we are optimizing our investments to improve health, address upstream social drivers of health and advance health equity.”

### New Board Member Background

**Bradley** has dedicated her career to strengthening social services and housing stability across the region. At Central Massachusetts Housing Alliance, she leads a collaborative response to homelessness that fosters long-term housing stability through prevention, quality services, education and advocacy.

“It is an honor to join the Board of The Health Foundation,” said Bradley. “Their investments in the community continue to improve the systems of care for people in our community. I am excited to be a voice at the table bringing housing expertise to The Health Foundation’s mission of addressing social drivers of health and advancing health equity.”

Bradley holds a master’s degree in social work from the University of Connecticut and a bachelor’s degree from Worcester State University. The North Brookfield resident has spent

over two decades in strategic planning, system change and program development and her experience in housing stability will bring valuable insight to the board.

**DuBois**, a resident of Uxbridge, is a licensed clinical social worker with a background in supporting individuals with mental health conditions, emotional difficulties and intellectual and developmental disabilities (IDD). Most recently, he retired from working with the Committee for Public Counsel Services as a supervising social worker assisting persons who are indigent.

“I am thrilled to have this opportunity to provide input to The Health Foundation and support its philanthropic efforts,” said DuBois. “I am especially pleased to represent the Blackstone Valley and Milford areas.”

DuBois’ experience also includes prior roles at Seven Hills Foundation, where he provided counseling for individuals with IDD. He holds a master’s degree in social work from Rhode Island College, a bachelor’s degree from Salem State University and a certificate in contemplative clinical practice from the Smith College School of Social Work.

**Russell**, who lives in Berlin, is a practicing attorney specializing in child welfare litigation and real estate transactions. She founded her own law firm and also has experience with foreclosure defense, housing law, adult guardianship and conservator cases.

“Being part of a board that is actively working to improve health and expand opportunities for people in Central Massachusetts is incredibly meaningful to me,” said Russell. “I look forward to contributing my perspectives and legal expertise to The Health Foundation and working alongside others who share this commitment.”

She earned her juris doctor degree, magna cum laude, from Massachusetts School of Law, where she was recognized for her legal writing and advocacy, and her bachelor’s degree from Worcester State University. Russell’s insights will help the Board recognize the legal hardships that financial security and the effects these deficits have on families in the Central Massachusetts community.

### **About The Health Foundation of Central Massachusetts**

The Health Foundation of Central Massachusetts is dedicated to improving the health of those who live or work in Central Massachusetts, with particular emphasis on vulnerable populations and unmet needs. Through its unique and impactful approach to grantmaking, The Health Foundation supports community-identified health issues, with health defined broadly to include social determinants of health and with a focus on promoting health equity. As a health conversion foundation launched in 1999 following the sale of the not-for-profit HMO Central Massachusetts Health Care Inc., The Health Foundation’s grants have totaled over \$59 million to more than 230 unique organizations over its history. For more information, visit [www.thfcm.org](http://www.thfcm.org).

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**Leah M. Bradley**



**Arthur O. DuBois**



**Morgan A. Russell**